



Winter 2014

Tenwek Today

A publication by Friends of Tenwek

New Outpatient Clinic in Bomet Brings Tenwek into the Community

Next year, Tenwek will open a new outpatient clinic in Bomet, at the site of a small hospital that was previously used by a Kenyan primary care physician for about 20 years. The clinic in Bomet is located close to government and private industry offices, a teacher's college, and several banks. Tenwek administrators cite both the facility and the location as "perfect for us."

Though the opportunity to purchase the facility emerged after Tenwek Hospital's 2014-2018 Strategic Plan was completed, it meets a key strategic objective of improving Kenyans' access to medical services. The new clinic will significantly strengthen the hospital's infrastructure and support the provision of quality services to the community.

The main goal of the new outpatient service, which will feature a "Fast Track Clinic," is to attract and serve Kenyan business and professional workers who want to benefit from Tenwek's expertise in patient care but are unable to



Left to right: Dr. Mike Chupp; Nelson Kipngeno, a senior nurse in Tenwek's outpatient department; and Dr. Stephen Manchester.



This former primary care facility is the location for Tenwek's new Outpatient Clinic in Bomet.

utilize the hospital's existing clinic because of the lengthy wait times. The average treatment time from start to finish at the hospital's outpatient department is between five to six hours, which is not attractive to Kenyans with limited time available to leave work, school, and business activities to be seen by a doctor.

The expansion of Tenwek's existing outpatient department has been constrained by severe space limitations. Acquiring and renovating this small hospital to serve as an in-community outpatient facility will improve access to care for Kenyans by bringing that care closer to the residents of Bomet. It also will enable Tenwek to significantly expand its outpatient capacity over the next five years.

As part of its year-end fundraising campaign, Friends of Tenwek is committed to raising \$90,000 to help Tenwek Hospital purchase, renovate and equip the Bomet outpatient clinic. You can make a secure, online gift to support this important project on the FOT website at: www.friendsoftenwek.org/donate.

Checks can be mailed to:
Friends of Tenwek, Inc.
6277-600 Carolina Commons Drive
Box 191
Indian Land, SC 29707

All gifts are tax-deductible.

FOT News & Notes



FOT Will Support Construction of Nursing School Dining Hall

All 20 members of the most recent graduating class from Tenwek's School of Nursing have passed Kenya's Nursing Council exams and are now on staff at Tenwek! With more than 2,200 students from 50 nursing schools taking the exams, Tenwek was one of just five schools with a 100% pass rate – an accomplishment that places it in the top tier of the country's nursing schools.



Tenwek's plans to increase bed capacity and expand medical services depend upon recruiting a growing number of highly qualified nurses. Increasing enrollment in the nursing school is critical to meet this staffing demand, as well as to train nurses for service throughout Kenya in keeping with Tenwek's "teaching-sending" mission. Ninety-four nursing students are enrolled in the three and one-half year program where they are being trained as midwives, general nurses, or community health nurses. Each class currently numbers 30 students.

One infrastructure initiative that is vital to sustain the nursing school's growth is the construction of a new dining hall. Today, nursing students must eat in shifts in an outdated facility that seats less than 60. The new dining hall will seat 200, making it more efficient and effective to schedule classroom, laboratory, and clinic assignments. The new construction will allow the existing dining area to be renovated as additional student housing, maximizing available space to meet another significant need.

As part of its 2014 year-end appeal, Friends of Tenwek has identified this project as critical to the growth and success of the nursing school and is committed to raising \$80,000 for the construction project. You can make a secure, online gift in support of this major project on the FOT website at:

www.friendsoftenwek.org/donate.

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Tenwek Reviews Infectious Disease Protocols

The Ebola outbreak in Eastern Africa has prompted Tenwek Hospital to review and assess the protocols currently used to diagnose and treat infectious diseases. Though there is no natural travel pattern from the affected areas to Kenya, Tenwek is using the outbreak to evaluate its preparation for and treatment of a number of contagions, including Ebola.

A special task force has been appointed, under the direction of Dr. Aaron Kelley, an emergency/casualty physician. Based on his expertise and CDC guidelines, the team has compiled a list of equipment and supplies the hospital needs to treat patients presenting with infectious disease and is arranging for the acquisition of these materials. The task force also is planning to provide information about Ebola symptoms and protocols/precautions to surrounding communities.

Birdies for Babies will Help Tenwek's Youngest Patients

Anna Redding is an All-State high school golfer from North Carolina and the daughter of Dr. Mark Redding, a visiting physician to Tenwek. For her senior capstone project, Anna raised funds for Tenwek Hospital during every golf game she recently played at her home course. Supporters made single donations or contributed a specific amount per birdie to Anna's "Birdies for Babies" campaign.

Anna is raising funds for two neo-natal incubators for Tenwek; one incubator can provide care for up to 75 infants per year. FOT posted Anna's story and a donation form at: www.friendsoftenwek.org/donate. To date, Anna has raised over \$18,830 – with three rounds to go!

FOT salutes Anna's talent and creativity – and her commitment to help Tenwek's youngest patients thrive!

Tenwek's School of Nursing has Wide Impact on Students and Patients

Tenwek Impact

Exam results for the recent graduates of Tenwek's School of Nursing are in – all 20 members of the class passed the Nursing Council exams, making Tenwek one of just five schools in Kenya with a 100% pass rate! All of the graduates accepted staff positions at Tenwek.

The following profiles illustrate the quality and commitment of Tenwek's nurses – and provide a glimpse of the impact they will have wherever they serve.

DOMINIC is a third year student, serving in the Neo-natal Intensive Care Unit. He chose to study nursing because he wants to serve God, help people in pain, and save lives. Dominic recalls a patient admitted with a fractured spine who was very anxious and kept asking to remove his oxygen mask. Dominic explained the oxygen was helping keep him alive and did his best to calm him. But when the patient continued calling, Dominic could see that something else was troubling the man. When asked, the man confided he was married but had engaged in several affairs. He trusted Dominic to tell his wife, explain that he was very sorry, and ask her forgiveness. Dominic shared Christ with the man, assuring him that Jesus had forgiven and forgotten all his sins and he could be at peace. After Dominic prayed with him, the patient became calm. By visiting hours he was unresponsive, so Dominic told his wife about her husband's confession and acceptance of Christ. He also shared the gospel and encouraged and prayed with her. The man died that evening.

Dominic is grateful that his training at Tenwek integrates the spiritual into medical learning; without this he would not have had the confidence to share his faith. Dominic has learned "little prayers can make a big difference and bring peace; God can restore physically if He wants, but He also restores us to eternal life."

JACQUILINE is a third year student currently working in the Operating Room. She recalls her mother being very ill with no one available to care for her. Jacqueline felt a strong conviction to help and believes she has a calling to help patients physically and spiritually.

Jacquiline has learned much from her Tenwek teachers, adding that students remind each other of what they've learned. She doesn't want to leave her patients without sharing the gospel. Jacqueline wakes up every day and prays "Today is a day you, God, can touch someone through me."

CAROLINE is a 2003 nursing school graduate who is the deputy nurse officer in charge of the Operating Room.

Dominic (left) and fellow nursing students prepare to dress the wounds of a pediatric patient.



Her mother worked in the Tenwek pharmacy; the nursing school opened when Caroline was in primary school. She remembers that the hospital staff and teachers were always very nice – that prompted her to become a nurse. Caroline began her nursing studies at Tenwek in 1999. Her class was the first one to receive diplomas and she was one of the top students. Following graduation, Caroline worked in pediatrics, casualty, and outpatient areas. She then asked for a leave to pursue education that would prepare her for service in the OR. The nursing school president vouched for Caroline's excellent school record and she was awarded a full sponsorship for a year of study and training.

Caroline again did very well in her studies. Returning to Tenwek, she was assigned to infection prevention management, followed by promotion to her current position. Caroline believes "God has blessed me with a gift of responsibility and management," and continues to place her in leadership positions.

ELIUD graduated from Tenwek's nursing school in 2008 and is working in the High Dependency Unit at Tenwek.

As a child, Elius wanted to work in the medical field; his brother trained at Tenwek. He recalls that his nursing school teachers were wonderful and dedicated. "They followed students to make sure they were doing their work. They were friendly and assisted however they could."

One of Eliud's most memorable cases took place last year. Two children, ages 8 and 10 were admitted with severe burns over 40 percent of their bodies, including their faces. Eliud and other staff cared for the children for several months; only one of the patients survived. Eliud praises God that they were able to save a life during months of hospital care.

Spotlight

Meet Amy Stoddard – FOT's Tenwek Intern



Amy Stoddard

Amy Stoddard is FOT's new communications intern – serving on-site at Tenwek Hospital to help us make the essential connections with visiting U.S. physicians and gather the news and information we need to keep all FOT supporters informed about what's happening

at Tenwek today. In her role, Amy organizes the weekly dinner meetings FOT sponsors for visiting physicians and coordinates information received from doctors who want to become members of FOT. She also provides information and photographs for stories in *Tenwek Today*.

Amy is a 2009 cum laude graduate of the University of Colorado at Colorado Springs, where she earned a Bachelor of Science degree in Health Sciences: Health and Wellness Promotion. Blessed with the gift of hospitality and a deep love for people, Amy has significant experience cooking and caring for large groups in camp and conference settings. She learned about the FOT internship at Tenwek from her brother-in-law, Dr. Michael Chen, who is serving at the hospital through Samaritan's Purse.

In Amy's own words:

"At the time, I was working in Pennsylvania and was ready for something different, but I was thinking different meant moving back to Colorado. I prayed about it and talked with family and friends and it seemed like a neat opportunity. I'd been interested in hospitality and missions for a while but the timing had never been right. Plus, I was excited to have the opportunity to live next to my sister and brother-in-law for a year!"

"God clearly opened doors through the timing of my different commitments and through bringing in all the money I needed for my year here."

"I'm excited to be able to interact with all the visiting staff that come through Tenwek. My goal is to help them thrive during their time here whether that's providing a listening ear, praying for them, planning fun games and movie nights, or organizing trips out into the community."

Welcome, Amy!

Stay Connected



FOT's Mission

Friends of Tenwek is committed to fostering communication among U.S. physicians who have served at Tenwek and know first-hand how vital the hospital's medical and spiritual mission is to the people of Kenya and beyond.

How You Can Help

- **Pray** for the hospital's staff, operations, and specific needs we will bring to your attention.
- **Be an ambassador** for Tenwek to your church's mission and/or service board and leaders.
- **Encourage colleagues** to consider a volunteer service assignment at Tenwek.
- **Return to Tenwek** for a volunteer assignment in your area of medical expertise.
- **Make a financial gift** to meet critical needs at Tenwek Hospital or **become a Sustaining Friend** – friendsoftenwek.org/about-fot/ways-to-help/

Serve at Tenwek

If you want to use your medical skills and specialty training to serve the people of Kenya, it's never too soon (or too late) to visit. Physicians from all specialty areas are needed and welcomed. Short-term service trips to Tenwek Hospital for Christian physicians, dentists, and other medical professionals are arranged through World Medical Mission, a division of Samaritan's Purse. For information about short-term assignments, please visit the World Medical Mission web page at samaritanpurse.org/index.php/wmm/

Share Your Story!

In our experience, every U.S. physician who serves a short-term medical mission at Tenwek has a deeply personal experience. Your Tenwek experience is important to us – and to your colleagues. Please visit the FOT website to learn how to share your story. We want to hear from you!

Visit the Friends of Tenwek Website & Facebook Page!

The Friends of Tenwek website (friendsoftenwek.org) brings you the latest news from Tenwek Hospital, and keeps you up-to-date on what the missionary doctors and their families, visiting physicians, and hospital staff are doing in support of Tenwek's unique medical and spiritual mission in Kenya. The site includes links to the blogs maintained by Tenwek staff and offers you the opportunity to share your own Tenwek story.

Visit our Facebook page (facebook.com/FriendsOfTenwek), to join a vibrant online community of Tenwek "alumni" who want to remain in touch with the hospital and with their Tenwek colleagues.

Tenwek Hospital Mission: *Tenwek Hospital is a Christian community that seeks to exemplify Christ in all aspects of what we do. Our motto, We Treat – Jesus Heals, is Tenwek's guiding belief and the hope that we offer to each patient.*

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